

THE RECONNECTION® presents

# Reconnective Yoga™

In the same way that fiber optics and DSL have accelerated the transmittal of electronic data throughout the world, you can now enhance your yoga practice using Reconnective Healing® frequencies. Reconnective Yoga unites yoga with Reconnective Healing and offers a powerful new way to align your *body, mind* and *spirit*. You will connect to higher levels of *energy, light* and *information* that bring your entire being into balance. These new frequencies move in a focused and directed way to broaden your abilities while you gracefully flow through your asanas. As you further expand your yoga practice, you will discover and explore new physical capabilities and a deeper spiritual connection. This is a unique and transformative vehicle for concentration and meditation. You'll experience direct alignment with the universe and discover a whole new dimension of yoga!

## Reconnective Yoga Workshop

*Explore the concepts, philosophy and frequencies of Reconnective Healing and discover a new dimension of yoga with **Kelly Woodruff** and Reconnective Yoga Instructor **Douglass Stewart** in this complimentary two-hour introductory workshop*

## Reconnective Yoga Classes

*Experience the powerful union of yoga with Reconnective Healing*



***A stronger connection to the higher self and spirit!***

For additional information and to register, contact:

**Yoga@TheReconnection.com**

**TheReconnection.com**

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